# Zone Sets and Quick Hitters Playbook

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32 Lob

- 1 passes to 2 who then dribbles towards the corner to distort the zone
- 3 drops to the opposite corner

32 Lob

- 1 cuts to the ball to receive the pass
- 4 posts up hard to occupy X5
- 5 looks to seal X3 by sliding him up the lane
- 3 cuts behind 5 looking for the lob from 1
1 dribbles at 3. 3 loops up the lane. 4 sets a pick on X1.
3 Out Sets

Argentina

- 1 dribble entries to the wing and 2 loop cuts to fill the top of the key
- 4 clears to the corner

Argentina

- 2 passes the ball back to 1 at the wing
- 5 sets a high ball screen
- 3 back screens for 2 to flare to the wing
- 4 reads X3 on the help
3 Out Sets

Quick Hitter 1

Quick Hitter 1
3 Out Sets

Quick Hitter 1

Quick Hitter 1
3 Out Sets

Quick Hitter 1
3 Out Sets

Australia

- Ball is passed to the shooters side
- 4 flashes to middle and 5 cuts to opposite block
- 1 and 3 loop to interchange

Australia

- 2 passes back to 3 who then passes to 1
- 4 posts up on low block
- 5 pins back of zone
- 2 fades to corner for skip
- If defense fights through 5’s screen, 5 releases and flashes to middle of zone
3 Out Sets

Malibu

1 passes to 2
2 passes back to 1

Malibu

1 dribbles over and passes to 3
3 passes back to 1
3 Out Sets

Malibu

5 cuts under and backscreens forward
4 screens middle man
1 dribbles middle
3 Out Sets

Minnesota

1 dribble to wing  
2 float to corner  
4 back screens for 1 and rolls to middle of lane to seal x5 for post up  
5 pop to elbow for shot or ball reversal.

Minnesota

1 looks to 2,4,5 for shot  
1st option is pick and roll action  
If 2 receives pass he can look at 4 for post as well  
if 5 receives the pass he can look for 4 as post up as well.
3 Out Sets

Minnesota

5 receives the pass looks to shoot, looks at 4 on post up or reverses to 3.

Minnesota

3 Looks to shoot, drive baseline or feed post.
3 Out Sets

Quick Hitter 2

[Diagram of basketball court with player positions and movements marked]
3 Out Sets

Quick Hitter 2
3 Out Sets

Both wings (2&3) screen guards
1 dribbles into wing
Ball side post screens middle of zone

4 flashes mid-post for pass
2 steps out for reversal
3 Out Sets

If no pass to 4
ball reversed to 2 and 3
3 looks side and in with 5
3 Out Sets

New Jersey

**New Jersey - Part 1**
- 1 dribble entries to either side
- The side that PG dribbles will shallow cut up to the top of the key
- The opposite wing will flash to the high post
- The ball side post will cut opposite of the dribble entry while 5 seals the backside of the zone

- The ball can get entered into the high post flash for a shot or a high low pass to 5 (especially if the defender fights through the screen to chase 4)

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**New Jersey - Part 2**
- If no scoring opportunities take place, the ball gets reversed or skipped to 4
- 5 tries to pin middle of the defense for a post entry
3 Out Sets

New Jersey

**New Jersey - Part 3**
- 2 now screens the top zone defender and 3 pops out for a 3
- It is important that 2 locate the proper defender to screen
- If the defender fights through the screen, he should look for the slip
3 Out Sets

Shooter (New)

Play will start with the point guard calling shooter and then a players name. That player will be the designated player to run the baseline. Don't use the same player each time as it will tire them out!

In this example the point guard calls shooter for the 2 man. 2 makes his cut and comes off a staggered screen. The first time this is run we should get an open corner 3.

Note that for the 5 man instead of screening in it is better to seal his defender and post up. This will have the same effect as a screen but will make the 5 man more dangerous.

As soon as 4 sets his screen he will turn and flash hard to the ball side high post.
3 Out Sets

Shooter (New)

1 will leak to the weakside and we now have an overload situation.

4 will have the option of hitting 1 in the corner or looking for 3 flashing to the highpost.

If we get the ball to 4 there is a great high-low option to 5 or if he turns 1 should be cutting backdoor for the easy lay-up

Shooter (New)

If none of these options are on, we simply reverse the ball to the other side.

4 and 5 will criss cross in the key while our shooter, 2, will run the baseline.

4 must remember to seal his defender on the low block to help get 2 open.
3 Out Sets
Shooter (New)

We now have an overload on the opposite side of the floor.

The key is to have patience and run this play from side to side a few times to find the gaps in the zone.
3 Out Sets

Shooter

1 enters to 3
4 pops to the corner
3 passes to 4
5 flashes ball side

Shooter

3 cuts thru to oppo block
1 v-cuts back for ball reversal
4 passes to 1
3 Out Sets

Shooter

4 & 5 set stagger screen for 3
5 turns and screens for 4
4 rolls over the top of screen
3 Out Sets

Misdirection

[Diagram]

Misdirection

[Diagram]
3 Out Sets

Misdirection
3 Out Sets

Skip

Skip
3 Out Sets

Skip
3 Out Sets

Bearcat

1 dribbles into wing
2 cuts into hi post

Bearcat

2 pops out for reversal
3 Out Sets

Bearcat

3 cuts hard to middle of floor
1 passes to 3
3 Out Sets

Zone Lob

1 hits 2, 5 pops out to shift the zone, 2 passes to 5.

Zone Lob

5 passes back to 2 who swings the ball to 1.

At the same time, 3 and 4 "backscreen" the zone to get 5 a Lob.
# 4 Out Sets

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4 Out Sets

Push

1 Dribble Pushes out 2. 1 cannot be lazy need to go at 1 and then slide out to FT Line extended keys is pulling top guard out.

Push

1 passes to 5 to 3. 4 screens for 2. 3 passes for 2
4 Out Sets

Bump

This play is a counter to play called push if the bottom player of the zone x3 guards 1 then we run Bump. 2 Bumps back to short corner because no one is guarding that area of the zone.

Bump

2 options are dependent on how the defense rotates.
Rack, Dump to Post, Skip Dead Corner 3, 1 dragging behind.
4 Out Sets

20

4 out 1 in set 1 dribbles at 4 who back cuts

20

1 passes to 2 4 and 5 x screen 3 runs for a lob from 2
4 Out Sets

Villanova

1 dribbles up strong side
1 reverses to 2

Villanova

5 sets pick on bottom forward
3 rubs low and up lane
2 dribbles to wing
4 Out Sets

Villanova

2 passes to 3
3 looks shot or 5 on seal
4 Out Sets

Stack

Stack
4 Out Sets

We want to make sure that 2 and 3 are between the top and bottom guys on their side of the zone.

2's options are 5 in short corner. 4 at high post, 1 for ball reversal or 3 on a skip pass.

2 hits 4 at high post anytime we hit high post short corner man cuts backdoor.
4 Out Sets

SC

If 2 hits 5 he looks to rack or hit 4 on the dive if defense stops him or reads the helpside defense and hits 3 in the corner.
4 Out Sets

BC

4 out 1 in set 2 and 4 exchange

BC

1 passes to 2 who swings to 4
4 Out Sets

3 cuts hard to short corner trying to draw attention
5 and 1 screen the back of zone for skip pass
from 4 to 2 for jumper
4 Out Sets

Eagles

1 passes to 3 and cuts through

Eagles

3 passes to 4 and cuts to short corner
4 Out Sets

Eagles

4 ball fakes hard to 2 then looks for 3 coming back off 5 and 1’s double screen
4 Out Sets

Xavier

1 dribbles at 4 who back cuts

Xavier

1 passes to 2 and screens middle of zone for 5 to flash to high post
4 Out Sets

Xavier

4 screens in on zone for 1 to cut to corner looking for J
4 Out Sets

BYU

4 and 2 exchange

BYU

1 passes to 2 4 dives short corner
4 Out Sets

BYU

5 ballscreens for 2 who looks to drive 3 screens weakside of zone 2 looks to drive a score pull up or kick to 1 in corner for J

BYU

if 1 has no shot 3 screens middle of zone 4 slides low looking for pass and lay-up
4 Out Sets

Transition Against Zone

Transition Against Zone

2 cuts through
4 pins x1 then x4
5 pins x3
4 Out Sets

Transition Against Zone

Transition Against Zone
4 Out Sets

Gators

5 slides weakside 4 ball screens for 1 who looks to attack elbow or draw x2

Gators

1 passes to 2 which draws x3 5 screens x5 in 3 sprints baseline
4 Out Sets

Gators

2 can now pass to 3 in corner for J or 5 in post if x 5 cheats out

Gators

3 has shot or post seal pass to 5
4 Out Sets

Butler

2 crosses in front of the zone to the ballside wing. 5 screens bottom outside defender. 3 cuts off 5's screen up through the middle of the zone to the opposite high post.

Butler

1 hits 3. 3 can hit 5 sealing the bottom outside defender or 2 on the wing.
4 Out Sets

Ohio

Ohio - Part 1
- 1 enters the ball to 3 at the wing
- 1 and 2 exchange

Ohio

Ohio - Part 2
- Ball gets reversed to 2 who then dribbles towards the left side of the floor
- 4 sets a high ball screen on the top of the zone
- 5 screens the closest bottom zone defender
- 1 comes off of 5's screen for a 3
- 4 can slip the screen or pop after setting the ball screen
- 5 looks to post up in the paint
1-3-1 Sets

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**1-3-1 Sets**

**13 Double**

1 hits 3 to shift zone. 2 dives to block. 4 dives to weakside block. 3 reverses ball to 1.

**13 Double**

1 attacks top. 1 can hit 2 or 4 in the middle. 1 can also throw back to 3 fading to the corner.
1-3-1 Sets

Fist Down

1 hits 2. 2 dribbles toward corner to shift zone and then passes back to 1.

Fist Down

4 screens bottom outside defender. 5 screens middle defender. 2 sprints up through the double screen. 1 looks for 2 or 3.
**1-3-1 Sets**

**Michigan State**

**MSU - Part 1**
- 1 passes to 2, who then dribble entries to the corner
- 1 fills the wing position

**Michigan State**

**MSU - Part 2**
- 2 passes back to 1
- 4 and 5 set pin down screens on the middle and outside of the bottom zone
- 2 cuts into the gap looking to get a pass from 1
- 5 looks to slip or pin the defense depending on whether or not the defender fights through the screen
1-3-1 Sets
Michigan State

MSU - Part 3
- If there is no shot, 1 should look to skip the ball to 3 for a 3 pointer or a post entry to 4
- 2 clears out of the lane
# 1-4 Sets

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1-4 Sets

1 Back Double

1 offsets the ball, 4 pops out, 1 passes to 4. 5 backscreens 1 who cuts to the block as 4 passes to 3. 5 & 4 stagger away for 2.
1-4 Sets

14 Fist

- 1 passes to the wing and cuts through to the ball side corner
- 5 cuts to the opposite block

14 Fist

- 4 sets a ball screen for 3 who looks to attack the gap or kick to 2 if X1 helps on the drive
- If X4 closes on 2, 2 looks to feed 5 in the low post or kick to 1 in the corner for a 3
1-4 Sets

14 Quick

High Post Entry
This set is used against odd front offenses like a 1-3-1 or a 1-2-2. Ball is passed into 4 in the high post. 4 faces up and 5 and 2 cut to the basket. 3 will flare to the corner.

14 Quick

Wing Entry
1 passes to 2 on the wing 4 dives to the low block 5 cuts to high post and looks for 4 on the hi lo. 3 banana cuts to the corner to overload the zone.
Box Set

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Box Zipper 65
Box Set

Box Zipper

- 1 dribble entries to the wing and 2 flashes to the top of the key
- 4 tries to screen the top of the zone

Box Zipper

- Ball gets passed to 2 who then passes to 3 at the wing
Box Set

Box Zipper

- 4 and 5 screen the zone for 1 to cut to the ball side corner

Box Zipper

- 4 flashes to the high post
- If ball is passed to the high post, 5 looks for high low seal while 2 drifts to the opposite wing for a kick out